Supporting LGBTQ+ Youth

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Resources for youth who are lesbian, gay, bisexual, transgender, non-binary, gender non-conforming or questioning

Peer Support:

- BAGLY (Boston Alliance of Lesbian, Gay, Bisexual, Transgender and Queer Youth); Boston.
- NAGLY (North Shore Alliance of GLBTQ Youth). Salem.

Hotlines and Phone/Text Support

- <u>The Trevor Project</u> If you are thinking about suicide and in need of immediate support, call the TrevorLifeline at 1-866-488-7386 or select TrevorChat to connect with a counselor (24 hours).
- <u>Trans Lifeline</u>. Crisis hotline (open 24 hours): <u>1-877-565-8860</u>
- Samaritans Hope. Call or text (open 24 hours): 1-877-870-4673
- Fenway Health Peer Listening Line (ages 25 & Under): 617-267-2535; toll free: 1-800-399-PEER
- National Suicide Prevention Lifeline. Hotline (open 24 hours): 1-800-273-8255

Support for parents and families:

- Family Acceptance Project: <u>familyproject.sfsu.edu</u>
- TransYouth Family Allies: imatyfa.org
- Parents and Friends of Lesbians and Gays: pflag.org

Resources for Educators and Service Providers:

- Anti-Bias Education for Young Children and Ourselves, Second Edition (2020), NAEYC.
- Safe Space or Safe Zone training: thesafezoneproject.com/
- Gay Straight Alliance Network: gsanetwork.org
- Gay Lesbian & Straight Education Network: glsen.org Safe Space Kit: glsen.org/safespace

Affirming Medical Care, Mental Health and Substance Use Treatment:

- <u>Sidney Borum Jr. Health Center</u> (LGBTQ+-affirming, for young people ages 12–29)
 - o 617-457-8140 | 75 Kneeland St. Boston, MA 02111
- Fenway Health (LGBTQ+-affirming health center)
 - o 617-927-6000 | 1340 Boylston St. Boston, MA 02215
- <u>Boston Children's Hospital Gender Multi-Specialty</u> (GeMS) Clinic. 617.355.4367
- BAGLY also has <u>mental and behavioral therapy programs</u>, and a Healthcare Navigator, Narong at <u>nsokhom@bagly.org</u>
- <u>MassHealth Connector.</u> See also free, anonymous information about how to navigate the health care system at Health Care for All or call their consumer helpline at 1-800-272-4232.

Advocacy, Activism, & Organizing

- Massachusetts Commission on LGBTQ+ Youth
- GLAD (GLBTQ Legal Advocates and Defenders)
- Massachusetts Transgender Political Coalition (MTPC)
- Massachusetts Gender and Sexuality Alliance (GSA) Leadership Council
- <u>Zumix</u>, empowering young people to build successful futures through music, technology, and creative employment