



# SUPERFLEX™

## and the Thinkables!



**Rex Flexinator** - I help you be a flexible thinker so you don't get stuck on your own thoughts or plans.



**Posi Tina** - I help you stay calm and positive to stay in control and defeat your worries.

Superflex is the superhero that lives inside each of us and helps us learn to be more flexible thinkers! When we're doing or saying something that is socially "unexpected" one or more Unthinkables are invading our brains. We can call on our Superflex to help us use our Superflexible strategies to defeat the Unthinkable and get back on track. As we get better and better at using our Superflexible powers to silence an Unthinkable's behavior before it occurs, Thinkables start appearing to help us keep doing that! Superflex and the entire Team of Thinkables help citizens everywhere stay superflexible in their thinking as they interact with others at school, at home, and... everywhere!



**Space Respector** - I help you pay attention to and respect other people's personal space bubbles.



**Kool Q. Cumber** - I help you stay calm (cool as a cucumber) when problems come up so you can see they are small and react with a small reaction.



**Focus Train** - I help give you focusing powers so your brain can stay connected to what others are talking about or what you are doing.



**HumorUs** - I help you know the right time and right place to use humor.



**Other-Side Sally** - I help you remember that conversations are also about thinking about the other person or persons and finding out about them.



**I.O.F.** - I help you use your positive thinking so you can cooperate and be flexible during sports and games.



**Slick-Withem** - I help you keep your body with the group and your shoulders turned toward the group.



**Meditation Matt** - I help you try to be calm throughout your day, so you can stop and think about making good choices.



**Social-Lee Wonderer** - I remind you to think about and use your social wonder questions so you can keep the other person interested during the conversation.



**Nice Bryce/Brice** - I help you say nice, friendly words to others even if you don't feel like being friendly.



**Tracker** - I help you stay on the right track or topic the group is talking about.



**Sunny Son** - I help you see the good things in a day and feel pretty good about your life so you can always show your "sunny" side to others.